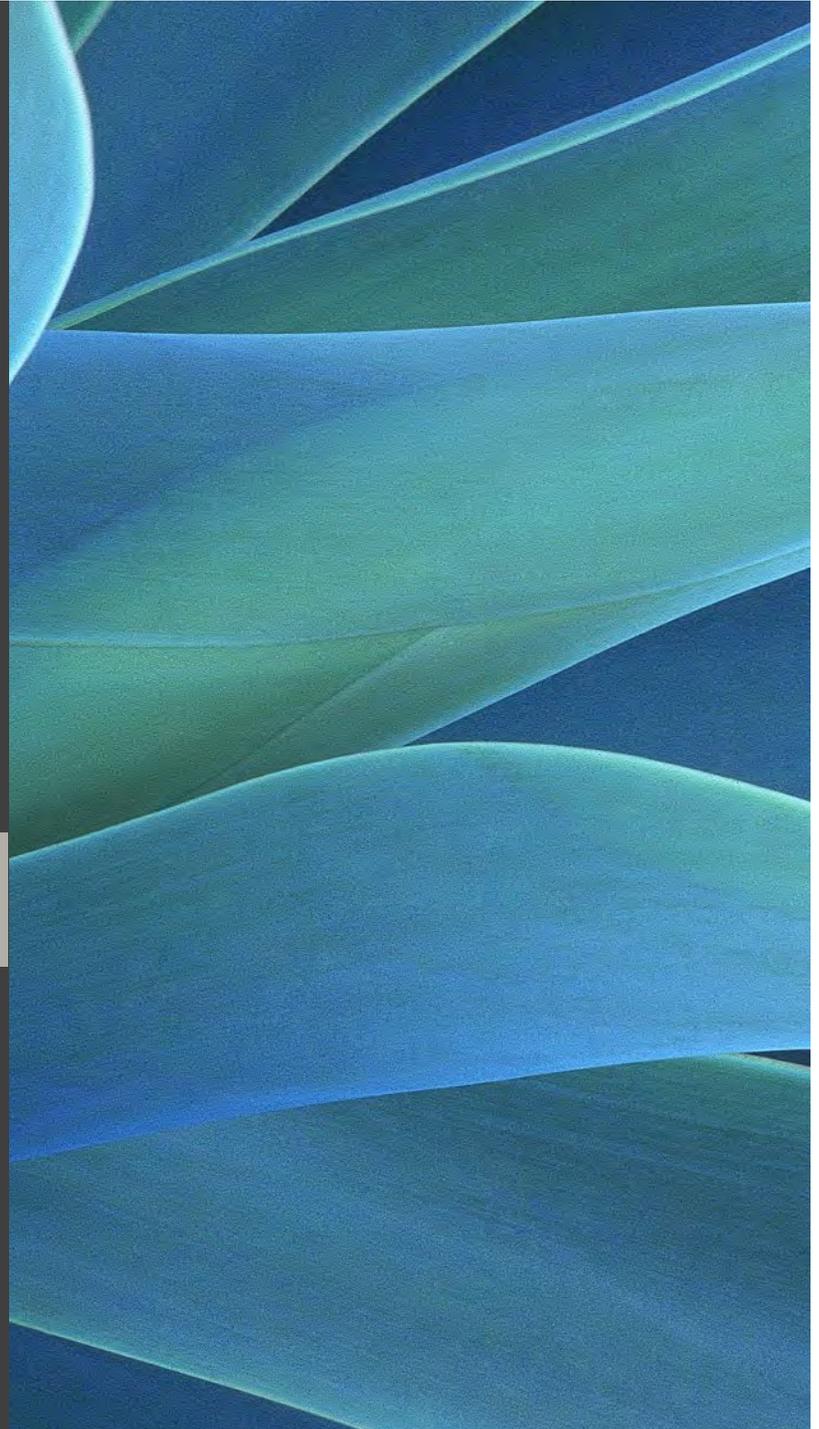




the spa  
at lincolnshire

MENU OF SERVICES





## The Spa at Lincolnshire

Welcome to your private sanctuary surrounded by nature inspired design. Here in this oasis of tranquility on Chicago's North Shore, you will breathe in a new sense of well-being, health, and relaxation.



## Packages

### Brilliant Experience

\$250

- o Essential Massage 50 min
  - o Essential Facial 50 min
  - o Manicure & Pedicure 50 min
- \$300 value / 3 hours / \$50 savings*

### Yoga Inspired Experience

\$250

- o Body Sugar Scrub 50 min
  - o Breathe Deeply Massage 50 min
  - o Stretch Therapy 30 min
- \$300 value / 2.5 hours / \$50 savings*

### Your Link to Health

\$275

- o Detoxifying Enzyme Body Wrap 50 min
  - o Clarifying Essential Facial 50 min
  - o Reflexology 30 min
  - o Neck & Scalp Enhancement 30 min
- \$325 value / 3 hours / \$50 savings*

### Red Carpet Ready

\$360

- o Red Carpet Facial 80 min
  - o Make Up Application 30 min
  - o Shampoo, Blow Dry & Style 50 min
  - o Manicure & Pedicure 50 min
- \$420 value / 4 hours / \$60 savings*

## Massage Therapies

Essential Massage 50 min | \$115 80 min | \$175

Beginning with inhalation therapy to calm and quiet our busy world, this full body Swedish massage is customized to your specific needs and well-being. Medium to light pressure promotes circulation and relaxation.

Breathe Deeply 50 min | \$135 80 min | \$195

Tailored to address your overused, stressed muscle areas, our therapeutic massage uses medium to deep pressure to release muscular knots to aid in immediate recovery and recuperation with deep breathing techniques.

Prenatal Massage 50 min | \$115

Designed for the second or third trimester, this massage ensures the safety and comfort for mother and child. Light pressure is used to promote relaxation and enhance circulation, stimulating lymphatic flow to flush toxins and relieve stress during this exciting time.

Hot Stone Therapy 50 min | \$135 80 min | \$195

Combining our Essential Massage with heated basalt stones for muscle tension relief and a sense of total well-being.

Teen Inspired 30 min | \$60

Youthful exuberance needs relaxation too. 30 minutes of special attention to the back area will achieve a positive and upbeat outlook for the rest of the day.

Reflexology 30 min | \$60

Specialized pressure techniques on your feet target blocked energy, relieve stress and boost circulation to achieve your wellness goals.

Massage Break 30 min | \$60

Under time constraints? This time saver massage addresses the areas you identify. Our trained professionals will take it from there. Therapeutic, relaxing & restorative all in one.

Stretch Therapy 30 min | \$60

Our trained professional will stretch areas with Yoga influenced techniques to lengthen and strengthen overworked muscle groups.

Let our trained professionals customize each therapy to your specific needs using the Aromatherapy of your choice with every massage.

**Enhance the Experience - \$20 each**  
**Extended Scalp Massage with Aromatic Oil - Hydrates and Shines**



## Facials

**Essential Facial** 50 min | \$115 80 min | \$175

Completely customized to your skin concerns. Carefully selected botanicals, antioxidants, phytonutrients and vitamins will cleanse and exfoliate. A nutritious masque to improve skin texture, extractions as needed and a moisturizer chosen to promote naturally healthy skin will help to diminish the visible signs of aging, ease hyperpigmentation, reduce skin redness or improve acne.

**Restore & Rejuvenate** 50 min | \$125 80 min | \$195

Complete skin rejuvenation with visible results and no down time. Customized to your skin's specific needs using a botanical exfoliant that is gentle without irritation. Your skin will be pampered with a cleanse, exfoliation and hydration, leaving you ready for any special occasion.

**Red Carpet Facial** 80 min | \$225

The Restore & Rejuvenate Facial is enhanced with three non-invasive and all-natural treatments. Formulated to instantly lift, firm and tighten, the age-corrective collection of botanical peptides, hibiscus and unique ice wine active, will deliver results. Ultra Eye Lift, Instant Line Filler and Ultra Lift for the neck, leave you red carpet or photo shoot ready.

**Facial Recovery** 30 min | \$60

This time-saver facial addresses your immediate concerns: premature aging, sun damage, sensitive skin or combination skin, with naturally healing organics to calm and soothe your skin for a healthy glow.

**Honey Infusion Anti-Aging Facial** 80 min | \$185

Awaken your senses & immerse yourself in the moisturizing power of honey in this 80-minute experience. Masques, serums, eye creams & moisturizers infuse your skin with anti-oxidants, minerals & nutrients to minimize signs of aging. Your skin is smooth, radiant and deeply hydrated.

**Teen Inspired** 30 min | \$60

This clarifying facial is designed for youthful cleansing and exfoliation for congested pores, leaving skin hydrated while reducing oil and drawing out impurities for the perfect balance.

## Body Therapies

**Sugar Scrub** 50 min | \$105

Antioxidant-rich nutrients in our certified organic botanicals buff your skin to perfection. Finished with a hydrating application of your choice of lotion or body oil. Skin is soft, supple, and rejuvenated.

**Firming Body Treatment** 50 min | \$125

Replenishes moisture while firming skin and increasing circulation. Botanical antioxidants restore radiance, vitality, and strength for age-defying results.

**Detox Body Treatment** 50 min | \$125

Fortified with naturally occurring minerals and organic ingredients. It stimulates and detoxifies and helps reduce the visible signs of cellulite.

**Anti-Aging Body Treatment** 50 min | \$125

This gentle enzymatic treatment exfoliates and brightens skin, leaving you silky smooth, hydrated, and ready for any special occasion.



## Facial Enhancements - \$20 each

### Bright Eyes

Four-step treatment to help relieve puffiness and dark circles, and to rejuvenate tired-looking eyes. Exfoliant, two eye creams, eye masque.

### Lip Trio Treatment

Effective three-step treatment using an exfoliator, plumper and lip balm.

## Facial Enhancements - \$10 each

Ultra-Lift Neck & Décolletage Cream

Ultra-Lift Eye Cream

Instant Line Filler

## Nail Treatments

Manicure 30 min | \$30

Pedicure (Excludes Callus Care) 30 min | \$40

No Chip Removal \$10

Vegan No Chip Dazzle Dry Lacquer \$10

Nail Art \$10

French Manicure \$15

Natural Nail Manicure 30 min | \$25 60 min | \$40

Natural Nail Pedicure 30 min | \$30 60 min | \$60

Youthful Manicure or Pedicure 20 min | \$20

For our 5-12 year old guests. Shaping & polishing of the nails.

Excludes cuticle & callus care.

"The Lux" Manicure

50 min | \$50

Our full-length Signature Luxurious ("Lux") Manicures consist of a masque application to the hands, cuticle treatment, nail care, Cucumber Thyme paraffin treatment, shoulder massage, and aromatherapy while resting your tired arms on our handmade hot stone warming packs.

"The Lux" Pedicure

50 min | \$70

Our full-length Signature Luxurious ("Lux") Pedicures include seasonal aromatic foot baths, foot masque, callus removal, cuticle care, foot and lower leg exfoliation, lower leg massage, foot massage, and Cucumber Thyme paraffin treatment. Select either our seasonal sugar scrub or our sea-salt glow that is enhanced with your choice of aromatherapy. Choice of polish completes the experience.

**Enhance the Experience - \$20 each**  
**Paraffin Hand or Foot Therapy - Softens and Soothes**



## Salon

### Haircut

Women's Haircut & Blow –dry	\$65*
Shampoo & Blow-out	\$45*
Add Curling or Flat Iron Styling	\$20*
Youthful Haircut and Style (4 to 12 years)	\$25
Mustache and Beard Trim	\$30
Men's Haircut with Styling	\$30

### Hair Color Services - (Includes Blow-out)

Full Color (single process)	\$75*
Hair Color (touch-up)	\$55*
Add Partial Highlights or Lowlights	\$10/\$15 per foil based on consult
Full Highlights or Lowlights	\$120*
Add Toner or Gloss	\$30

*\*Additional Charge for in place extensions. \*Price depends on hair length*

## Specialty Services

Up-Do's Special Occasion Style	\$80
Shampoo and blow-dry not included.	
Princess Special Occasion Style (4 to 12 years)	\$50
Shampoo and blow-dry not included.	
Hotheads Hair Extensions	Per Consultation

## Waxing

Lip, Chin or Cheek	\$15 each
Eyebrow	\$20
Threading (Including shaping)	\$30
Brow Shaping	\$25
<i>Combination of waxing and tweezing for a perfectly shaped brow</i>	

## Beauty Services

Make Up Application	\$75
Air Brush Make Up Application	\$85
Strip Lash Application	\$20
Individual Lash Application	\$175
Lash Tint	\$40
Brow Tint	\$30
Lash Lift	\$75

## Wedding Services

Pre-Wedding Consultation	\$80
Wedding Day Hairstyle	\$95



## The Spa Information

**Phone Number:** 847-478-5795

**Spa Hours:** Tuesday-Friday: 10am to 6pm  
Saturday: 9am to 6pm  
Sunday: 9am to 2pm  
Monday: Closed

*Special hours available upon request*

**Reservations:** We recommend booking your appointments in advance to ensure availability. Please provide a credit card or room reservation guarantee.

**Check In:** We suggest arriving 20 minutes prior to your appointment to allow ample time to complete a brief health questionnaire and change into our robe and slippers provided in our locker room facility. Arriving late will shorten the time of your therapy. Hair Services require a check in of 10 minutes prior.

**Cancellation Policy:** Cancellations must be made 24 hours in advance to avoid a fee assessed for the missed appointments. Spa Packages or Group bookings require a 48 hour cancellation notification to avoid a fee assessment.

**Gratuities:** Gratuities for exceptional service may be made at your discretion. A 20% gratuity is customary.

**Spa Etiquette:** To ensure each guest receives a peaceful tranquil experience, we prohibit the use of cell phones, tobacco, and vaping in the spa area. Guests are requested to keep voices to a minimum while enjoying our amenities.

**Special Requests or Health Concerns:** When making your reservations, please let us know of any physical conditions or special needs which your therapist should be made aware of and state any preference for a male or female therapist, so that we may accommodate your individual needs.

**The Spa Attire:** A robe and slippers with a locker for your belongings will be provided at the spa, excluding hair and nail appointments. Please do not bring jewelry or valuables unless necessary.

**Age Requirements:** Persons under the age of 18 are welcome to visit the spa. A signed waiver and accompaniment of a parent or adult guardian are required.

**Pregnancy:** In your best interest at this special time, we do not perform massages within the first trimester. It is recommended to discuss your spa visit with your physician prior to your appointment.

**The Spa Amenities:** Our Spa has a relaxation room with light snacks and beverages before and after your appointments. Shower facilities, hair dryers and toiletries are provided.

**Day Spa:** The use of the resort's pools, indoor and outdoor along with therapy tub, are available to our spa guests for a small Day Spa fee of \$25.00 added to any therapy appointment. Day Spa is available Tuesday thru Friday. A bathing suit is required for use of the indoor/outdoor pools and therapy tub.